

# MEDITERRANEAN QUINOA SALAD

(aka: San Francisco salad)

yield:

18-3/4 c. servings

- 4 c. quinoa, cooked
- 1 c. artichoke hearts, chopped
- 6 oz. kalamata olives, minced in food processor
- 2 c. cabbage, shredded (1/2 head)
- 1 c. Craisins
- 1 English cucumber, diced
- 3 c. arugula
- 1 can chick peas
- 6-7 oz. feta cheese crumbles

## Dressing: x2.5

yield: 7+ ounces (1 oz./person)

- 2 T. white wine vinegar
- 2 T. seasoned rice wine vinegar
- 1 1/2 t. minced garlic
- 1/2 c. olive oil
- 1 T. Dijon mustard
- 2 t. honey
- 3/4 t. salt
- 1/2 t. pepper